

# Brazilian Jiu-Jitsu and Boxing

Schedule 2016

Fishers, Indiana

## Brazilian Jiu Jitsu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kids		5:15 PM		5:15 PM	4:45 PM	10:30 AM
Adults		11:00 AM			11:00 AM	12:00 PM
Adults	7:30 PM	6:00 PM	7:30 PM	6:00 PM		

## Boxing

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adults	6:00 PM		6:00 PM	7:30 PM		

## Kickboxing Muay Thai

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adults		7:30 PM				11:00 AM

## Open Gym Sparring

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adults	7:00-7:30 PM	8:30-9:00 PM	7:00-7:30 PM			11:45 AM

## Open Mat

Adults	8:30 PM	7:00 PM	8:30 PM	7:00 PM	5:30 PM	1:30 PM
--------	---------	---------	---------	---------	---------	---------

## K2 Fitness

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adults	8:00 PM	8:30 PM		8:00 PM		9:00 AM



**FishersBJJ-boxing.com**

13017 Parkside Drive • 317-397-8747